

Edward A. Chow, M.D.
President

David B. Singer
Vice President

Cecilia Chung
Commissioner

Judith Karshmer, Ph.D., PMHCNS-BC.
Commissioner

David Pating, M.D
Commissioner

David.J. Sanchez, Jr., Ph.D.
Commissioner

Belle Taylor-McGhee
Commissioner

**HEALTH COMMISSION
CITY AND COUNTY OF SAN
FRANCISCO**

**Edwin M. Lee, Mayor
Department of Public Health**



Barbara A. Garcia, M.P.A.
Director of Health

Mark Morewitz, M.S.W.
Executive Secretary

TEL (415) 554-2666

FAX (415) 554-2665

Web Site: <http://www.sfdph.org>

MINUTES

HEALTH COMMISSION MEETING

Tuesday, December 15, 2015, 4:00 p.m.

LAGUNA HONDA HOSPITAL AND REHABILITATION CENTER

Administration Building Gerald Simon Theatre

375 Laguna Honda Boulevard

San Francisco, CA 94116-1411

1) CALL TO ORDER

Present: Commissioner Edward A. Chow M.D., President
Commissioner David B. Singer, Vice President
Commissioner Cecilia Chung Commissioner
Commissioner Judith Karshmer, Ph.D, PMHCNS-BC
Commissioner David Pating, M.D.
Commissioner David J. Sanchez Jr., Ph.D.

Absent: Commissioner Belle Taylor-McGhee

The meeting was called to order at 4:06pm.

2) APPROVAL OF THE MINUTES OF THE HEALTH COMMISSION MEETING OF DECEMBER 1, 2015.

Action Taken: The Health Commission unanimously approved the minutes.

3) Barbara Garcia, Director of Health, gave the report. The full report can be viewed at:
<http://www.sfdph.org/dph/comupg/aboutdph/insideDept/dirRpts/default.asp>

Working in Public Health

By now we are all very well aware of the tragic shooting that occurred at San Bernardino's Inland Regional Center. As public health workers we are especially touched. Public health workers are advocates for patients, we respond to crises, and we are often the first line in response to disasters. We have taken a path to help those in need. This makes it especially difficult to make sense of what happened in San Bernardino. Traumatic events and terrorist acts seem to be increasingly a part of life now and it may feel like there is little we can do. But there is something we can do, and that is to stand united with our public health colleagues, their families and all those affected by this horrific act of violence, and to let perpetrators of these types of acts know that we will not be scared and we will continue to fulfill our mission, to serve the people of San Francisco.

On Wednesday, December 9, at 11am, San Francisco Department of Public Health employees gathered for a moment of silence and to lower the flag for victims of San Bernardino. We were joined by public health officials from as far away as the United Kingdom. We are not alone.

As we go into the holidays, I would like to recognize and thank each and every employee who has contributed to the health and welfare of San Franciscans most in need. I also ask that each of you reach out to your colleagues at this time when many are stressed and fearful. Let them know what they mean to you, and let them know that they are not alone. Together we will get through this, and together we will stand up to violence. Please consider making a donation to the families of the victims of the San Bernardino shooting. Text SBUNITED to 71777 or go to www.arrowheadunitedway.org

Mayor Lee Announces goal to help at least 8,000 people out of homelessness

Mayor Ed Lee announced on December 3rd a goal for his second term of helping at least 8,000 people out of homelessness through strategies that stabilize people's lives through the City's nationally recognized housing and services and building a system that ends a person's homelessness before it becomes chronic. Mayor Lee is creating a new Department to help homeless residents permanently exit the streets and move into housing and services and has committed to maintaining and enhancing funding for homeless prevention and solutions of at least \$250 million per year.

The new Department will bring together the multitude of homeless outreach, housing, shelter, and supportive services that exist across San Francisco government under one roof. Trent Rhorer, the director of Human Services, Sam Dodge, the Director of HOPE, and the Department of Public Health are tasked to develop the new Department to End Homelessness with service providers, homeless advocates and national experts.

Preparing for El Nino

Mayor Ed Lee joined leaders from throughout the city last week to announce preparations for the coming El Nino. He was joined by the Department of Emergency Management, Human Services Agency, Department of Public Health, San Francisco Public Utilities Commission, Public Works and the Office of Economic and Workforce Development to discuss the coordinated storm-related efforts that are underway and in partnership with nonprofits and community groups across San Francisco.

The Mayor's announcement highlighted care for our most vulnerable, with secured locations throughout San Francisco where our homeless and most in need residents can find a dry and warm place to sleep and receive hot meals and health care. The San Francisco Human Services Agency (HSA) is planning to open up to 1,100 additional beds in response to El Niño. These emergency shelters are located throughout San Francisco and are independent from the City's existing homeless shelter services and winter shelter program. People can bring their pets and belongings whenever possible. HSA will provide sleeping mats, blankets, and hygiene kits. Meals will be provided by the Salvation Army, Meals on Wheels, Project Open Hand, and Glide. As part of the emergency response, the public health department will provide physical and mental health triage.

Improvement Projects at Zuckerberg San Francisco General

Occupational Health and the Emergency Department presented their improvement work at their Management Forum on Friday, December 11. Occupational Health showcased their work in a program called 5S and how they have used these principles in their clinical and administrative areas. 5S is a workplace organization method that uses a list of 5 Japanese words that begin with the letter S (*seiri, seiton, seiso, seiketsu, and shitsuke*). The list describes how to organize a work space for efficiency by identifying and storing the items used, maintaining the area and items, and sustaining the new order. The Emergency Department showed their work in Value Stream mapping, by designing and piloting new processes for front-end flow to quickly identify and coordinate care for patients from when they come in the door to when they are assessed by a provider. In addition, they are preparing for their move into the new acute care and trauma facility by implementing many new improvement ideas, including developing a team-based patient care model and incorporating a provider at triage. They have

also designed new patient-centered workflows for behavioral health and pediatric patients to establish roles and responsibilities for care team members.

Network of Niceness

The Quality of Life Performance Improvement Committee at Laguna Honda, spearheaded by their Wellness and Activity Therapy department, announced a new six-month campaign to support practicing small acts of kindness while at work to increase awareness that each person has a role in creating a positive and quality healing environment. Announcements for events will come through fliers, meetings and the Laguna Honda television channels. All staff, residents and family members are welcome to join this campaign as “niceness ambassadors”. Studies have shown that when kindness is received or observed, recipients and observers feel “happier” and, generally, happier people report having a higher quality of life. The goal of the campaign is to increase quality of life for patients, their family and friends, staff, volunteers and the community.

Cistern Project on Laguna Honda Campus

As part of the \$412 million Earthquake Safety and Emergency Response bond that was approved by voters in June 2010, the San Francisco Public Utilities Commission (SFPUC) will continue making a series of improvements to the City’s emergency firefighting water system. The installation of a cistern on Laguna Honda Campus is part of the system improvements being made throughout the city. Construction may begin as early as December 2015 with the duration of the project expected to range four to six months. Cisterns are underground water storage tanks that provide an emergency source of water for firefighting. Cisterns are usually located in or near intersections and are identified by brick demarcations.

Study shows daily PrEP protects people in real world settings

An article focused on PrEP integration in municipal and community-based sexual health services appeared in JAMA on November 16th. It focused on research being done by clinics in San Francisco and Miami to look at PrEP adherence in men who have sex with men (MSM) and in transgender women in the community. The research found a low HIV acquisition rate despite a high incidence of STIs, higher adherence with PrEP in higher risk participants, and concluded that interventions that address racial and geographic disparities and housing instability may increase the impact of PrEP. The article was announced in a press release on Monday, November 16, and appeared on over 70 news-related websites including [Time Magazine](#), [Us News & World Report](#), [NBC](#), [Yahoo! News](#), [Reuters US News](#), [Web MD](#), and [Fox News](#). The San Francisco research contingent includes SFDPH staff Albert Liu, Stephanie Cohen, Susan Buchbinder, Susan Philip, Oliver Bacon, Robert Blue, and Nikole Trainor, and AIDS office staff Tim Matheson and Erin Andrew.

The Vision Zero Pedestrian and Bicycle Safety Project

The Department of Public Health has launched a Vision Zero education campaign targeting safety for youth and seniors. The campaign is funded by a \$200,000 grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration. Every year, about 30 people lose their lives and over 200 more are seriously injured while traveling on city streets. These deaths and injuries are preventable, and San Francisco is committed to stopping further loss of life. The educational campaign was developed in support of Vision Zero, San Francisco’s policy to eliminate all traffic-related deaths and serious injuries by 2024.

This project will promote pedestrian and bicycle safety by identifying schools and senior centers located on high-injury corridors (12 percent of city streets that account for over 70 percent of all severe and fatal injuries). These schools and senior centers will receive educational materials and presentations on traffic safety that specifically address speeding, the leading collision factor in fatal and severe traffic injuries.

The SF Department of Public Health will partner with SFMTA, the SF Bicycle Coalition, SF Safe Routes to School and Walk San Francisco to develop training materials on Vision Zero.

“We are proud to partner with the SF Department of Public Health on this initiative,” said Nicole Ferrara, executive director of Walk San Francisco. “Injuries to seniors are more serious compared to younger adults—

risk of death is about five times greater, recovery times are longer, and some people may never fully recover. Slowing down speeds around schools and senior centers is critical to protecting the safety of our City's most vulnerable populations."

4) GENERAL PUBLIC COMMENT

Dr. Derek Kerr spoke and submitted the following public comment:

Today, you will be honoring 26 Laguna Honda employees with Recognition Awards. I'm sure all of them have done fine work. I'm also sure that none of them have questioned or challenged their superiors, even if they witnessed wrongdoing, poor judgment, policy violations or misconduct. That's because Laguna Honda rewards obedience above all.

There are other fine employees who are not being recognized because they spoke out about discrimination, favoritism, nepotism, cronyism, corruption, fraud, waste and abuse - or retaliation. No matter how much they contribute to the integrity of public service, they are marginalized. You may only hear about them in Closed Session where they will be described as threats. Since you do not honor these messengers, at least pay attention to what they are saying. When it comes to fulfilling Laguna Honda's mission, your conscientious critics are as valuable as your compliant followers.

5) COMMUNITY AND PUBLIC HEALTH COMMITTEE

Commissioner Chung, Committee member, stated that the Committee heard a comprehensive update on the San Francisco Health Network Nurse Advise Line and was offered a tour of the program. The Committee also heard an update on the SFDPH Public Health Accreditation Update process timeline.

6) LAGUNA HONDA HOSPITAL AND REHABILITATION CENTER (LHH) EMPLOYEE RECOGNITION AWARDS

The Health Commissioners distributed recognition awards to the following employees and teams:

- eCW Implementation Team
- Kathleen Khaw
- The Positive Care Team
- Melanie Ferrer
- Debbie Tam

7) LAGUNA HONDA HOSPITAL AND REHABILITATION CENTER (LHH) ANNUAL REPORT

Mivic Hirose, Chief Executive Administrator, presented the report.

Commissioner Comments/Follow-Up:

Commissioner Chow stated that in the 1990's, the DPH and Health Commission struggled with the vision for LHH. Through improvements in technology and best practices in care provision, LHH is now a vital part of the San Francisco Health Network. He added that the Health Commission honors all those staff, patients, community members, SFDPH staff, and Health Commissioners who have helped shape LHH throughout the years.

Commissioner Karshmer stated that she feels honored to be chair of the LHH JCC because she regularly can see the wonderful work being done at LHH. She thanked Ms. Hirose for the report and added that it shows how LHH is utilizing technology and best practices to help its patient population including discharging some back to the community when appropriate.

Commissioner Singer thanked the LHH staff. He asked Ms. Hirose for issues that she remains concerned about for the upcoming year. Ms. Hirose stated that LHH staff will celebrate its 150th anniversary in 2016; a strategic planning process has been undertaken and will be presented to the LHH JCC in January. This will include LHH's top five goals to grow and strengthen the integration within the San Francisco Health Network. She added that

LHH is working closely with Rachael Kagan, SFDPH Public Information Officer, and the Friends of LHH to plan the 150th anniversary celebrations.

Commissioner Sanchez thanked the LHH staff for their dedication and service to the community. He also acknowledged that volunteers are an important part of the LHH community.

Commissioner Chung stated that she has been a patient at LHH and appreciates the quality of care and healing environment. As a Commissioner, she looks forward to seeing continued progress and growth at LHH.

Director Garcia thanked Ms. Hirose and all the LHH staff for their work. She also gave accolades to Maggie Rykowski for making substantial improvements in the Health at Home program.

8) LAGUNA HONDA HOSPITAL AND REHABILITATION CENTER MEDICAL STAFF BY-LAWS

Michael McShane MD, Chief of Staff, presented the By-Laws.

Action Taken: The Health Commission approved the Medical Staff By-Laws.

9) LAGUNA HONDA HOSPITAL AND REHABILITATION CENTER MEDICAL STAFF RULES AND REGULATIONS

Michael McShane MD, Chief of Staff, presented the Rules and Regulations.

Action Taken: The Health Commission approved the Medical Staff Rules and Regulations.

10) OTHER BUSINESS

This item was not discussed.

11) JOINT CONFERENCE COMMITTEE REPORTS

Commissioner Chow stated that at the October 27, 2015 SFGH JCC meeting, the Committee reviewed: The draft SFGH Annual Report; Environment of Care Report; Performance Improvement Policy; Provision of Care Policy, Rebuild Transition Update; Hospital Administrator's Report; Patient Care Services Report; Human Resources Report; and Medical Staff Report. In closed session, the Committee approved the Credentials and PIPS reports.

Commissioner Karshmer stated that at the November 10, 2015 LHH JCC meeting, the Committee heard presentations on the Respite Program and Resident Wellness programs. It also approved hospital-wide policies and procedures.

12) COMMITTEE AGENDA SETTING

This item was not discussed.

13) CLOSED SESSION

- A) Public comments on all matters pertaining to the closed session
- B) Vote on whether to hold a closed session (San Francisco Administrative Code Section 67.11) and to invoke the attorney-client privilege (San Francisco Administrative Code Section 67.10(d))
- C) Closed session pursuant to Evidence Code Sections 1157(a) and (b); 1157.7; Health and Safety Code Section 1461; Government Code Section 54957, and California Constitution, Article I, Section 1

CONSIDERATION OF LHH STAFF CREDENTIALING REPORT

CONSIDERATION OF SFGH STAFF CREDENTIALING REPORT

- D) Closed Session Pursuant to San Francisco Administrative Code Section 67.10(d) and California Government Code Sections 54956.9 and 54956.9(e)(3)

CONFERENCE WITH CITY ATTORNEY – EXISTING LITIGATION- Settlement of Lawsuit: Leonard Lee Collins, Jr. \$75,000.00

To confer with, or receive advice from, the City Attorney regarding the following existing litigation in which a proposed settlement is being considered by the Health Commission. Discussion in open session concerning this matter would likely and unavoidably prejudice the position of the City in the pending lawsuit listed below:

Leonard Lee Collins, Jr. v. City and County of San Francisco, et al.
United States District Court, Case No. 13-3456 MEJ

- E) Closed sessions.

(After a closed session, if one occurs, the Health Commission shall adopt a motion either to disclose or not to disclose.)

- F) Reconvene in Open Session:
- 1.) Possible report on action taken in closed session. (Government Code section 54957.1(a)(2) and San Francisco Administrative Code section 67.12(b)(2).) (ACTION)
 - 2.) Motions and vote on whether to disclose any or all of the closed session discussions, San Francisco Administrative Code Section 67.12(a) (ACTION)

Action Taken: The Committee approved the December 2015 SFGH and LHH Credentialing Report and voted not to disclose the discussions held in closed session.

12) ADJOURNMENT

The meeting was adjourned at 5:57pm.